



"The best of the forest" for outdoor fans and nature lovers

The Ferienregion Nationalpark Bayerischer Wald is a paradise for active vacationers.



The Ferienregion Nationalpark Bayerischer Wald is a paradise for active vacationers, Photo: ©FNBW

An extensive hiking network, numerous cycle paths, unspoiled nature and animal encounters make the "Ferienregion Nationalpark Bayerischer Wald" (FNBW) a real El Dorado for outdoor enthusiasts all year round. The low mountain range landscape of the Bavarian Forest is one of the most popular hiking regions in the whole of Central Europe. However, the "Ferienregion Nationalpark Bayerischer Wald" is not only popular with mountain sports enthusiasts. Active vacationers of all kinds have long been drawn to the region. The reason for this is not only the wide range of outdoor activities on offer, but above all the pristine nature and unique wildlife in Germany's oldest National Park. The best leisure tips for all fresh air fans are summarized here.

Unlimited hiking experiences

The "Ferienregion Nationalpark Bayerischer Wald" offers beginners and professionals alike a varied hiking world on hundreds of kilometers of well-signposted circular and destination trails. The most impressive part

of the landscape is the Bavarian Forest National Park with its unique natural wonders, such as the 500-year-old giant trees in the Watzlik- Hain or the Schachten. These are former pastures with unique vegetation and striking trees at an altitude of over 1000 meters. There are also special hiking highlights at the summit of the Arber: the highest mountain and thus the "King of the Bavarian Forest" promises a fantastic view and an incomparable summit experience. If your legs are tired, the "Großer Arber" can also be reached comfortably by cable car.

Hiking enthusiasts can also enjoy fantastic views from all the other peaks in the Bavarian Forest. The Rachel, the Lusen and also the Falkenstein offer numerous opportunities for wonderful mountain tours. Visitors to the vacation region don't have to decide whether they prefer to spend their vacation by the water or in the mountains, as the region offers both. Water lovers are drawn to the wild and "wildromantische Steinklamm" in Spiegelau, the "Buchberger Leite" near Hohenau, the river hiking trail on the Regen or the "Trinkwassertalsperre" near Frauenau. A special tip for ambitious hikers are the numerous long-distance hiking trails, including the top hiking trails "Goldsteig", the "Pandurensteig" or the "Goldene Steig". Also recommended are the cross-border hiking and pilgrimage trails through the Bavarian Forest National Park and the Czech Šumava (Bohemian Forest), such as the well-known VIA NOVA.

For all the Bikers

The "Ferienregion Nationalpark Bayerischer Wald" has also become a real insider tip among mountain bikers and cyclists, as the many hundreds of kilometers of signposted cycle paths offer a varied profile for hobby bikers and ambitious cyclists.

The gentler tours along the rivers or the cycle path "Regentalradweg" are suitable for families and leisure cyclists. This easy route leads from the German-Czech border in Bayerisch Eisenstein along the "Großer und Kleiner Regen" via Zwiesel, Regen, Patersdorf and Viechtach to the Regen/Cham district border near Krailing. Of course, the tour can be shortened as desired. Those who prefer a more sporty route can choose one of the challenging tours through the low mountain range landscape of the Bavarian Forest. One highlight is the challenging Trans Bavarian Forest Cycle Tour, some particularly beautiful sections of the northern route lead right through the middle of the National Park. If you want to work up a sweat, you should take the Bučina Tour. The route, which is classified as very difficult, leads through the Šumava over 22 kilometers and 486 meters in altitude and rewards the hard work with a magnificent panorama. Would you prefer something a little more leisurely?

The popular e-bikes are a great addition to the range. Thanks to electric motor support, numerous cycle paths can be discovered in a relaxed manner, such as the "Genussradweg", which leads through both the Bavarian and the Bohemian Forest. Along the way, the most beautiful corners of Europe's largest contiguous forest area are revealed on both the German and Czech sides. If you want to give it a try, you can hire an e-bike in many places in region or often at the accommodation you have booked. Charging stations are available too. The e-bikes can be recharged during a short stop for refreshments or a tasty snack break.

Discover the wildlife in Germany's oldest national park

In and around Germany's first National Park, you can not only go hiking and biking. You also can experience unique flora and fauna as well as a fascinating forest wilderness. Germany's first National Park in the Bavarian Forest was founded in 1970 with the aim of "letting nature be nature" and is now rightly described as one of the last primeval forests in Europe. With a total area of 25,000 hectares, the Bavarian Forest National Park with the adjacent Bohemian Forest (68,000 hectares) is not only the largest contiguous protected forest area in Central Europe, but also home to many rare animal species. Its animal inhabitants include wild cats, beavers and otters. Peregrine falcons, red deer and moose are also at home in the Bavarian Forest National Park. Visitors can discover it, on a variety of well-signposted hiking trails, on their own or on a guided tour with trained forest guides or with a real ranger. In the extensive landscape enclosures of the animal enclosures at the Lusen and Falkenstein national park centers, you can also observe around 40 native animal species such as bears, lynxes and wild boars in their natural habitat.

Informationen zur Ferienregion Nationalpark Bayerischer Wald unter www.ferienregion-nationalpark.de

Vom Wald das Beste – Die Ferienregion Nationalpark Bayerischer Wald

Die Ferienregion Nationalpark Bayerischer Wald besteht aus 12 Gemeinden, die an das Kerngebiet des Nationalparks angrenzen. Die Gemeinden Bayerisch Eisenstein, Eppenschlag, Frauenau, Hohenau, Kirchdorf, Lindberg, Mauth-Finsterau, Neuschönau, Sankt Oswald-Riedlhütte, Schönberg, Spiegelau und Zwiesel haben sich zusammengeschlossen, um die einzigartigen Naturerlebnisse rund um den „Urwald“ Bayerischer Wald erlebbar zu machen. Die spannende Ganzjahresdestination punktet dabei mit ihrer Unverfälschtheit, Naturvielfalt, der Vielzahl an spannenden Freizeitaktivitäten und mit der stark von der Glasherstellung geprägten Kultur im Bayerischen Wald. Mit diesem vielfältigen Angebot genießen in der Ferienregion nicht nur Familien und Paare ihren Urlaub, sondern im gleichen Maß auch Naturliebhaber, Erholungssuchende und Aktivurlauber. Weitere Informationen unter: www.ferienregion-nationalpark.de.

Bildmaterial und Text

Text: FNBW

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